Heartland Community Schools
September 2025

1 HAPPY LABOR DAY NO SCHOOL	**2** Tornado Fajitas (Beef or Chicken) Green Beans Long John	**3** Cereal Pizza Burgers Corn Jello	**4** Egg & Cheese Biscuit Chicken Tenders French Fries Dinner Roll	**5** Chocolate Chip French Toast Taco Salad Peas Mini Donuts	All grains are whole grain rich. Fresh fruit and vegetable bar offered daily with lunch.
8 NO SCHOOL	**9** Cinnamon Breadstick BBQ Pork Sandwich Fries Ice Cream	**10** Strawberry Bagel Pizza Corn Jello	**11** Breakfast Pizza Popcorn Chicken Scalloped Potatoes Dinner Roll Peas	**12** Apple Frudel Cheeseburger Mac & Cheese Steamed Broccoli Garlic Bread	A variety of fruit and juice is offered daily with breakfast. A variety of low-fat and fat-free milk is offered daily with breakfast and lunch.
15 Long John Pork Tenderloin Mashed Potatoes/Gravy French Bread	**16** Waffles Grilled Cheese Tomato Soup Tri Tater	**17** Tornado Spaghetti Garlic Bread Corn	**18** Cereal Enchiladas Green Beans Mini Donuts	**19** Pancake Wrap Deli Sandwich Chips Cookie	Menu is subject to change without notice. All beef is donated and locally raised.
22 Apple Frudel Chicken Fried Steak Mashed Potatoes/Gravy French Bread	**23** Pancake Wrap Sloppy Joe French Fries Ice Cream	**24** Breakfast Pizza Crispitos Nachos Steamed Broccoli	**25** Chocolate Chip French Toast Grilled Hotdog Baked Beans Green Beans	**26** Sausage & Biscuit Chicken Nuggets Mashed Potatoes/Gravy Dinner Roll	
29 Long John Sweet & Sour Chicken Steamed Broccoli Brown Rice	**30** Strawberry Bagel Tacos Long John Corn				